**FLAT FEET IMPROVED扁平足改善了**

**香港岑宝枝**

**+852- 98665614**

I was excited upon completing my elementary and intermediate courses, and I often practice and discuss with fellow course mates. My forehead and nose felt “tighten” when I was doing my “Homework” as if I had a facial mask on. When I performed adjustment on others my body felt numbed and warm. There was a time I adjusted a patient who couldn’t lift up her arm due to neck and shoulder ache. I started off with C7 and C5, followed by C5 with neck and shoulder. When I moved down to shoulder blade I could hear noises from her shoulder, like “ice cubes slipping into water”! I then asked her to try lift her arm up and she screamed with excitement: “I could do it!” She was grateful for what I did, My reply was “You should be thankful to Chang Sheng Xue”

My daughter has just given birth to a baby boy with signs of flat feet. I tried to focus and perform adjustment on his feet whenever I play with him. I saw improvement just after 2 months! I’ve also adjusted for him when he was teething; amazingly he pulled my hand back! You could just tell he was enjoying the moment! I am thankful to Chang Sheng Xue, especially to Teacher Wei.