**I WILL NOT BE AGITATED BY ECZEMA ANYMORE**

**我不再受湿疹的干扰了**

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I have been diagnosed with Discoid Eczema for more than 10 years. The cause of discoid eczema is unknown. My skin can be itchy, rashes developed and when itchiness becomes unbearable I would often scratch until they become infectious. Steroid could only ease my pain temporarily; it doesn’t cure the root at all.

5 years ago, my mother had the opportunity to learn about Chang Sheng Xue, and upon completing her course she started helping me every day. She adjusted C7, C5, C4, C3 and C2, liver and infected spots on my skin. She would perform twice a day, about 1 hour per session. At the beginning, my conditions worsen, my skin were infected and suppurated and I almost calling it a day. It was due to my mother’s belief and persistence I managed to get going. When I was completely cure, I then believe what I experienced were so called positive reactions. After 2 months detoxification; 5 years on, my eczema has not relapsed, not only that, my skin has no signs of scars. I attended the class about 5 years ago in Kuala Lumpur, when my Chakras were opened my body was feverish. However my senses were becoming better, this has increased my confidence towards Chang Sheng Xue tremendously.

Perhaps “You don't know what you have until it’s gone” 2 years since my eczema cured, I went away for further education, I began to lose my grip on Chang Sheng Xue. 3 years later (2011) my eczema relapsed again. Once again I had to go through a two month “detoxification” period, and once again my eczema is cured. This has changed my perception of life completely. I now becoming more health conscious, meditate for an hour a day has become my daily chores. I believe I will have enough will to battle with eczema. In short I’d like to thank my mother for her unconditional love, beloved teachers and volunteers. Thank you Chang Sheng Xue.